

Herb Infused Vinegar & Quick Pickles

Sarah Marshall, Marshall's Haute Sauce

Herb Infused Vinegar



Yield: Makes 1 quart jar

Directions:

- 1. It's just herbs + vinegar!
- 2. Use rice, or white balsamic, or white distilled vinegar.
- 3. Warm 4 cups vinegar in a pot, bring to a gentle boil.
- Use fresh herbs like (purple) basil, bay leaves, oregano. You can mix the herbs. Sarah keeps them separate. Using flowering herbs is OK.
- 5. Fill a 4-cup measuring cup half way with the fresh herbs.
- 6. Once vinegar is heated, pour it over the herbs
- 7. Let steep for at least 30 minutes, up to an hour. Strain the herbs, using a fine mesh strainer, into a bowl, then pour into a clean jar. Once the vinegar is cool, put the lid on the jar and store it in the fridge. It will keep in the fridge for a long time (up to a year).
- 8. You can use the infused vinegars for salad dressings or make quick pickles!

Yield: Makes 4 pint jars

Ingredients:

- Your vegetable of choice!
- Brine
 - 3c vinegar (of your choice—white, champagne, apple cider, rice)
 - o 1c water
 - o 2T salt

Directions:

- 1. Wash and dry four pint-sized mason jars.
- 2. Combine brine ingredients into a small pot, bring to a boil, then turn off heat.
- 3. Fill mason jars with vegetables, aromatics, and spices.
- 4. Leave about an inch of room at the top of the iar.
- 5. Pour (hot) brine into jars to cover all vegetables.
- Press vegetables down if needed and add in a few more if space allows, keep about an inch of empty space at the top of the jar.
- 7. Cover loosely and leave on the counter to cool.
- 8. Once cool, tighten the lid and place in the fridge.
- 9. Great same day but flavor will improve over the next few days. Store for up to 3 months in the refrigerator.



