

Baba Ganoush

Nikki Guerrero, Hot Mama Salsa

I love eggplant dip of all kinds, and you can make many different variations. This version has just the basics, but is made rich and flavorful by smoking your eggplants.

Ingredients:

- 3 medium size eggplants
- 1 garlic clove
- juice of one Meyer lemon
- 3 Tablespoons tahini paste
- 1/4 cup olive oil (give or take)
- salt to taste
- 1-2 Tablespoons water

Directions:

- 1. Cut small slits into your eggplants, and place in a smoker on 200 degrees for a couple of hours.
- Remove eggplants from the smoker, place in a baking dish, drizzle with olive oil and cover with foil or a lid.
- 3. Bake in a 350 degree oven until very soft (about an hour).
- 4. Let cool.
- 5. Peel off the skins and top.
- 6. Add the soft, smoked and roasted flesh of the eggplant to a Cuisinart or blender with the tahini, lemon juice, garlic, and salt.
- 7. Puree and drizzle the olive oil in.
- 8. Add water to create a light fluffy consistency.
- 9. Enjoy as is or finish off with fresh herbs, olive oil, chili oil, pomegranates, or any accourrement of your choice.

Alternatives if you don't have a smoker:

Add some smoky coffee chili oil in step 6.

Or do a smoke on your BBQ by soaking some wood chips and putting them in one side of a roasting pan, with the eggplant on the other side, cover with foil with just a small vent for air. Smoke for approx 30 minutes.





